



香港老年學護理專科學院 Hong Kong College of Gerontology Nursing

 **GPO Box 657
Hong Kong**

 **www.hkcgcn.org.hk**



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Ms. CHAN Sau Kuen
Dr. LAW Po Ka, Noble

Issue 32 August 2023



2022-2024 Council Member



Content

- ◆ **President Report**
- ◆ **Symposium Snapshots**
- ◆ **AGM**

**Editorial Board
Promotion & Public Relations Committee**



President's Report



Dear HKCGN members,

I would like to provide a brief report on some of the recent developments and initiatives taken by our College. Due to the ongoing COVID-19 pandemic, we have not been able to hold an on-site AGM in the past three years. I am so glad that we have organized a very successful HKCGN Annual Symposium cum AGM physically on 3 Jun 2023

First and foremost, I would like to express my gratitude to all our members who have been actively involved in supporting our elderly clients during these difficult times. Your dedication and commitment to the elderly community have been invaluable, and we appreciate all that you have done.

In the past year, we have been able to provide four training sessions via Zoom, and I am happy to report that we had over 1,300 attendances. This has been a great way to continue providing education and training to our members, despite the challenges posed by the pandemic. Looking ahead, we plan to continue providing training via Zoom in 2023. We believe that this virtual format has proven to be successful and has allowed us to reach a wider audience. We are committed to making our training accessible to as many members as possible, regardless of their location.

In addition to our local efforts, we are also committed to supporting gerontology nursing training in China. We believe that our expertise and knowledge can be of great benefit to the wider community. We are dedicated to continuing these efforts to promote knowledge exchange and excellence in the field of gerontology nursing.

Finally, I would like to take this opportunity to express my sincere gratitude for the devotion and wonderful support of our Council Members. I would also like to make a passionate appeal to our members esp. those Fellows to consider becoming our co-opted members. Your input and expertise are invaluable to us, and we would be honoured to have you on board.

Joan Ho
President (2022-2024)



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2023



ANNUAL GENERAL MEETING Cum SYMPOSIUM



EVENT

Date: 3 June 2023 (Sat)
Time: 09:00 -14:00
Venue: Crystal Ballroom,
2/F, The Cityview,
23 Waterloo Road,
Kowloon



Honourable Guests





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ANNUAL GENERAL MEETING
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Warm
Reception





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ANNUAL GENERAL MEETING Cum SYMPOSIUM

Date: 3 June 2023 (Sat)
Time: 09:00 -14:00
Venue: Crystal Ballroom, 2/F,
The Cityview,
23 Waterloo Road, Kowloon



Hon. Dr LAM Tzit Yuen David

Legislative Council Member (Medical & Health Services)

Building a Community Healthcare Network

居家安老 社區治病





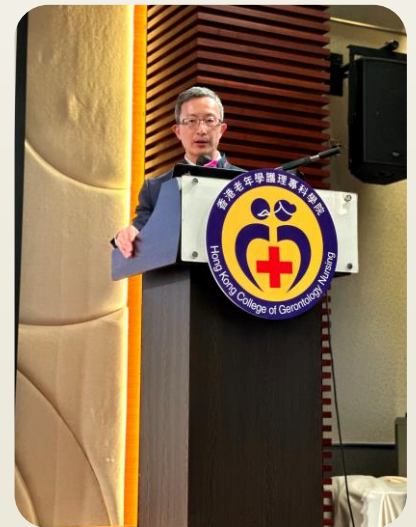
ANNUAL GENERAL MEETING Cum SYMPOSIUM

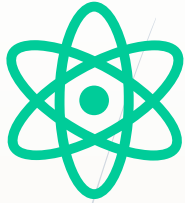


**Vice President Mr Anders YUEN
delivers souvenir to Hon. Dr LAM Tzit Yuen David**



- *Ageing in place, Treatment near home*
- *Transfer of care to community*
- *Build multi-disciplinary community healthcare network*
- *One Person One Family Doctor*
- *Governance and Primary Care Registry*
- *Alignment of Care Plan*
- *On-line platform: medical record, other utilities*
- *Consider health account, expanding use of VHIS*
- *Prudence use of healthcare resources, user responsibility*





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Dr James LUK

Division Chief, Geriatrics, University Dept of Medicine,
HKU Hon Clinical Associate Professor, HKU Past
President, The Hong Kong Geriatrics Society
***Sunshine Hormone in Older People:
Friend or Foe***



(right) Vice President Mr Anders YUEN
delivers souvenir to (middle) Dr James LUK



Use of vitamin D
supplement for
Vitamin D replete
patients to prevent
AD is not
recommended.

More RCT study in
this area is needed

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Take Home Message

- *Vit D deficiency is common among older people, especially frail elderly living in OAHs.*
- *Measurement of vit D (25(OH)D) level should be done only for those at risk or with symptoms/signs of vit D deficiency.*
- *Vit D deficiency should be replaced.*
- *For vit D replete older people, no strong evidence vit D supplement can benefit sarcopenia, prevent falls, reduce fractures, prevent Alzheimer's Disease*
- *J or U shape curve - High dose vit D (>2000 IU per day or in high dose bolus) should probably be avoided.*
- *Maintenance with vit D 800 IU to 1000 IU seems to be effective (and safe) to most of our local elderly patients.*



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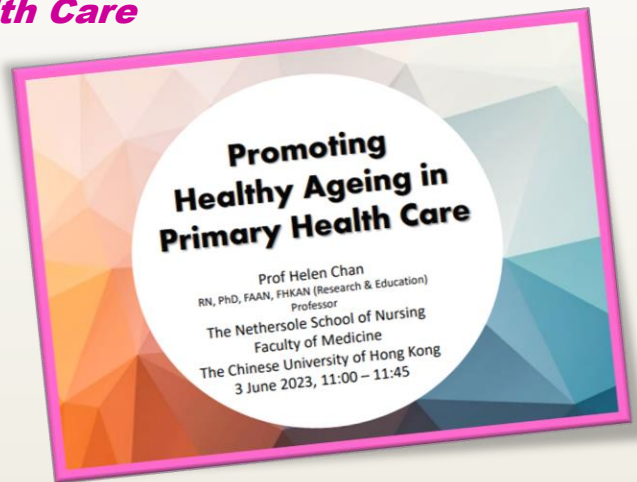
Professor Helen CHAN

Professor, The Nethersole School of Nursing,
The Chinese University of Hong Kong

*Promoting Healthy Ageing in Primary
Health Care*



(right) Vice President Mr Anders YUEN
delivers souvenir to (left) Professor Helen CHAN



ANNUAL GENERAL MEETING Cum SYMPOSIUM

A step-by-step approach for developing national programmes for age-friendly cities and communities



eLearning platform for ACP

<https://acpe.nur.cuhk.edu.hk/>



- "Sky Lantern"
 - Making wish
 - Convey message
- Interactive activities
- Four learning modules
 - ACP
 - End-of-life care
 - Case scenarios
 - Value clarification exercise

Supported by CUHK Knowledge Transfer Project Fund (ref. no.: KPF16INF10)



Public talks, webinars, social media, mass media ...



Interdisciplinary collaboration in supporting documentation

- Medical doctors
- Solicitors





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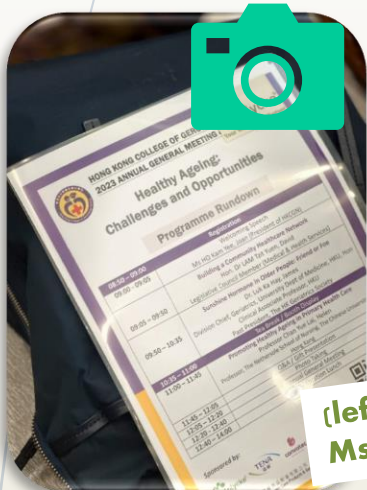
(left) MC of Event
Council Member
Dr. PANG Cho Kwan, Rebecca



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(left) Secretary Assistant
Ms WONG Miu Shan



(Right)
Hon. Dr LAM Tzit Yuen David



Honourable
Speakers



(Left)
Dr James LUK



(Left)
Prof Helen CHAN

(right) Honourary Secretary
Ms LEUNG Yin Ling, Ruth

2023



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活動花絮



(右) 广东省护士协会老年护理专科联盟主席
广东省中医院护理部魏琳副主任



香港医院管理局「大湾区医疗人才交流计划」
内地护士参与研讨会进行经验交流



2023



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(middle) Council Member
Dr PAU Mei Lin, Margaret



Dr Tam Kui Fu Stanley
President
The Hong Kong Geriatrics Society



(Left) Prof CHAN Lu Shek Eric
Dean
School of Health Sciences,
Caritas Institute of Higher Education

(Right) Prof Angela LEUNG
Associate Head (Research)
School of Nursing,
Hong Kong Polytechnic University

(left) Vice-President
Dr LAW Po Ka, Noble



(Right) Prof LEE Yin King Linda
Associate Dean (Learning and Teaching)
Hong Kong Metropolitan University

Symposium
Snapshots

(right) Council Member
Dr LEE Fung Kam, Iris



(left) Dr Danny Tong
Principal Nursing Officer
Hospital Authority





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活動花絮

積極·投入



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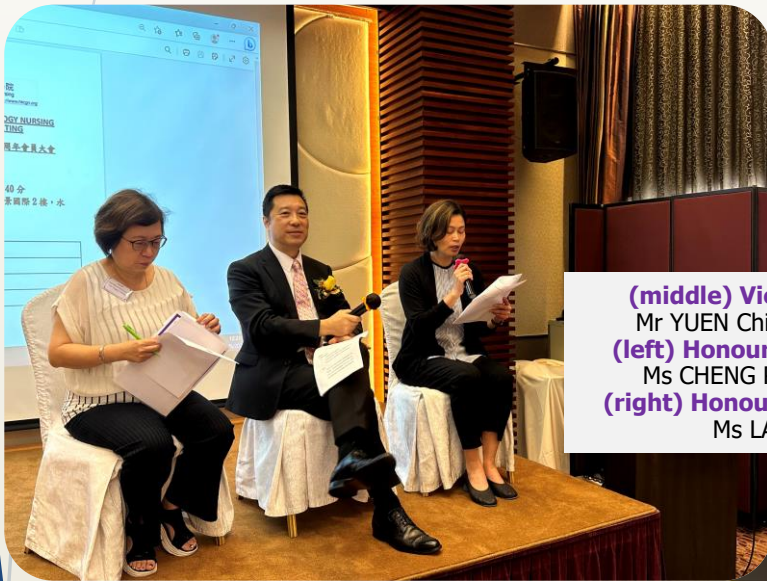
Tena



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(middle) Vice-President
Mr YUEN Chi Man, Anders
(left) Honorary Secretary
Ms CHENG Po Po, Peggy
(right) Honorary Treasurer
Ms LAW So





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(Left)
Professor CHAIR Sek Ying
President, The Hong Kong Academy of Nursing



Happy
Gathering





**ANNUAL GENERAL MEETING
Cum
SYMPOSIUM**



**Happy
Gathering**

